Benefits 101
Qualifying Life Events

Hitting certain milestones in life can be a real game changer when it comes to health insurance.

This is because when certain events happen in your life, they can allow you to change your insurance benefits elections. These events are called qualifying life events, or QLE for short. A qualifying life event can include things like getting married/divorced, having a baby/adoption, turning 26, losing health coverage, or even moving to a new state.

So what's the big deal? Well, qualifying life events allow you to make changes to your health insurance plan outside of the regular enrollment period. This means you can adjust your coverage right away to fit your new lifestyle instead of waiting until the open enrollment period.

But you have to act fast! When a qualifying life event happens, you only have a limited amount of time, usually only 30 days, to make changes, so it's important to contact your health insurance company immediately.

Remember, a qualifying life event can help you adjust your health insurance coverage when life hits you with unexpected changes. So, be proactive and make sure that your health insurance plan stays up-to-date and fits your current needs.



Scan the QR code to learn more.

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